

GG0130E. Shower/Bathe Self

E. Shower/bathe self: The ability to bathe self, including washing, rinsing, and drying self (excludes washing of back and hair). Does not include transferring in/out of tub/shower.

Assessment Timing

Admission:

- Admission performance.
- Discharge goal.

Discharge:

- Discharge performance.

Shower/Bathe Self Inclusions and Exclusions for Coding

Included:

- Washing, rinsing, and drying the resident's:
 - Face.
 - Upper and lower body.
 - Perineal area.
 - Feet.

Excluded:

- Washing, rinsing, and drying the resident's back or hair.
- Transferring in/out of tub or shower.

Coding Tips

The assessment of shower/bathe self can take place in a shower, bath, at a sink, or in bed (i.e., full-body sponge bath). The activity can be completed independently with or without the use of devices.

Activity Performance Codes

- 06 – Independent.
- 05 – Setup or clean-up assistance.
- 04 – Supervision or touching assistance.
- 03 – Partial/moderate assistance.
- 02 – Substantial/maximal assistance.
- 01 – Dependent.

Coding Scenarios

Each row in the table below describes a shower/bathing scenario. In each scenario, statement 2 identifies key elements that inform the coding of **GG0130E. Shower/bathe self**. The correct code is provided at the end of each scenario.

Coding Scenarios for GG0130E. Shower/Bathe Self

	Statement 1	Statement 2	Statement 3	Code
Scenario 1	Resident J. uses a tub bench to bathe.	Resident J. washes their body, rinses, & dries themselves as the CNA standby to ensure Resident J.'s safety.	The CNA provides lifting assistance as Resident J. transfers off the shower bench.	Code 04
Scenario 2	Resident Y. has cognitive deficits & prefers to bathe at the sink.	After Resident Y. washes their face & arms, the CNA cues them to wash & rinse the rest of their body. Due to Resident Y.'s fatigue, the CNA helps them dry off.	After the bath, the CNA assists Resident Y. back to their bedside chair.	Code 03
Scenario 3	Resident E. is transferred onto a shower bench with partial/moderate assistance.	Resident E. washes their own arms & chest, then fatigues and cannot continue. The CNA must help wash the remaining parts of Resident E.'s body & rinses & dries them.	With help from the nurse, the CNA transfers Resident E. from the shower bench to a wheelchair.	Code 02

Additional Clinical Considerations

- If the resident bathes themselves and only needs a helper to set up materials for bathing/showering, then code **05, Setup or clean-up assistance**.
- If the resident cannot bathe their entire body because of a medical condition, then code based on the amount of assistance needed to complete the activity.